

STANDARD FIRST AID AND CPR LEVEL C

Course Outline

BRIEF COURSE DESCRIPTION

This 16-hour training program is designed to meet workplace first-aid requirements. This course is taught by highly skilled professionals, including Fire Fighters and Paramedics, ensuring a comprehensive and practical learning experience in a supportive environment. This course aims to equip students with the essential skills and knowledge needed to effectively respond to emergencies, thereby enhancing safety and preparedness in their respective environments.

COURSE PREREQUISITES

None

LEARNING OBJECTIVES

By the end of this course, students will be able to:

- Explain how to effectively manage an emergency scene.
- Outline the basic concepts of anatomy and physiology.
- Demonstrate critical interventions for maintaining airway, breathing, and cardiac functions.
- Demonstrate techniques for managing minor wounds.
- Demonstrate management strategies for musculoskeletal injuries, including head and spinal trauma.
- Administer appropriate care to patients experiencing diverse medical emergencies.
- Handle emergencies caused by environmental factors proficiently.
- Describe the treatment procedures for patients suffering from poisoning.

- Describe the treatment approaches for various childhood illnesses.
- Describe the responsibilities of a First-Aid attendant in protecting children from multiple hazards.

REQUIRED COURSE MATERIALS

- Laboratory materials will be provided
- *First Aid & CPR* Canadian Red Cross

COURSE DURATION

2 days of 8 hours sessions for a total of 16 hours

DELIVERY METHODS

In-class delivery

TEACHING METHODS

Lectures and lab demonstration

METHODS OF STUDENT EVALUATION

quizzes and exam

COMPLETION REQUIREMENTS

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course